

# MFFFACE - INFORMED CONSENT

### **INFORMATION**

## What are the benefits of MFFFACE treatment?

- Removal of wrinkles
- Lifting and tightening of the skin
- Reduced sagging and other signs of aging

Best of all, this treatment is suitable for the face, eye, forehead, neck and chin (including sensitive areas).

The purpose of this procedure is to rejuvenate/return sagging skin to its former youthful glory. This procedure usually requires more than one visit, and can reduce sagging and/or wrinkled skin. The number of visits required in your case depends on several factors, such as your age and the degree of photo reduction in your skin.

#### How long does the treatment usually take?

Most patients require a number of treatments, spread over several months, with visible results achieved gradually over the same period.

In the more severe cases of sagging, it may take even longer to see visible results because we depend on your body's collagen production to achieve the results we seek.

#### What if I don't see any results?

In rare cases, a patient's skin will not respond to this treatment. And therefore we regret to inform you that the expected result cannot be guaranteed for everyone.

#### What does MFFFACE feel like?

There may be a slight feeling of discomfort during your treatment, some describe it as a "tingling" or "electric pulsing" sensation. Immediately after treatment, you may experience redness or swelling in the area. But these effects will gradually disappear over the next few hours.

#### What is MFFFACE?

- MFFFACE is an acronym that stands for: Magnetic Field Focusing Face Stimulation
- MFFFACE is a non-surgical treatment that uses electrical currents to the facial muscles and skin. The idea is to stimulate muscle contraction, increase blood flow, and promote collagen and elastin production. This can help improve muscle tone, lift the face, and reduce the appearance of fine lines and wrinkles; this is also the layer that surgeons tighten during a facelift.
- Thermal energy safely heats this tissue, causing it to contract, resulting in a natural tightening and lifting of the skin. This energy also encourages the skin to produce MORE of those youth-restoring proteins.
- Synchronized radiofrequency resurfaces and smoothes the skin by heating the dermis and increasing levels of collagen and elastin fibers. Strong pulsed magnetic technology restores and lifts facial tissues by selectively contracting muscles and increasing the density and quality of muscle structures. Clinical studies show an average 26%\* increase in collagen, double the amount of elastin in tissues, and a 30%\* increase in resting muscle tone. Synchronized heat energy output and strong pulsed magnetic technology reduce wrinkles by 37%\* and lift them by 23%.

#### CONSENT

- 1. I give my consent for Sarasin Clinic to perform the MFFFACE treatment.
- 2. I am not on blood thinners, or if I am on blood thinners, I have consulted my prescribing physician and he/she has given me permission to undergo this procedure, knowing the risks involved.
- 3. I understand that MFFFACE is a non-surgical treatment used to tighten and elevator the skin.
- 4. I understand that the results will vary from person to person.
- 5. I understand that results will develop slowly over the course of 2-3 months, and that some patients may need more than one visit to see any significant benefit. For women 50 and older, we recommend treatment 2 times a year.
- 6. I also understand that MFFFACE treatment is not intended to achieve the same results as invasive surgery, such as a facelift.
- 7. I understand that there may be discomfort during this treatment.
- 8. I understand that the treated skin may look red for a few hours, and may show slight swelling for the next many days or weeks after the treatment.
- 9. I understand that it is not uncommon to experience a tingling sensation or sensitivity in the treated area. This side effect is usually mild and goes away on its own.
- 10. In rare cases, some patients may experience bruising, swelling and bumps that disappear on their own.
- 11. Numbness may occur and usually disappears after a few days or weeks.
- 12. As with any medical procedure, there are always risks associated with treatment. There is a small chance of burns, which may or may not cause scarring (both can be treated with medical care), or temporary nerve inflammation, which disappears on its own in a few days to weeks.
- 13. I understand that it is possible that MFFFACE breaks, reduces and/or diminishes the efficacy of dermal fillers and/or neurotoxins.
- 14. I understand that after my treatment it is recommended that no dermal fillers be used for 2 months and no neurotoxins (Botox, Dysport) for several weeks.
- 15. I understand that I may take pain medication for my treatment.
- 16. I understand all the risks associated with this treatment, and I have discussed all possible alternatives and their pros and cons with my doctor.
- 17. I have read, completed and signed all the information on this form.
- 18. I understand that for ideal results this procedure may be combined with radiofrequency or a surgical option. And no guarantee, warranty or assurance has been given to me regarding the results that can be obtained. I am also aware that more than one follow-up treatment may be required for my desired results.

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